

Songahm Taekwondo Instructor



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This program is part of the Health Services pathway and is designed to provide students with the opportunity to serve as employees of American Taekwondo Association (ATA) school and club licensees, or to become an ATA licensee themselves.

In addition, this concentration is designed to instill the skills and knowledge necessary to become a successful entrepreneur. Songahm Taekwondo involves personal development of strength of mind and body. A student in a true, traditional Taekwondo class focuses not just on the physical, but also on discipline, honor, self-control, respect, courtesy and perseverance.

[See this program on the Songahm University website.](#)

What Will I Learn?

An Associate of Applied Science Degree in Songahm Taekwondo (AAS) program is offered at Lee College. Students who complete this program successfully will receive one of two Level 1 certificates. Both certificates can be stacked with completed general education courses for an Associate of Applied Science Degree. Students will learn Songahm Taekwondo, how to teach Songahm Taekwondo, and how to operate a facility as an American Taekwondo Association (ATA) licensee.

Both licensees and legacy members can benefit from this program.

What Can I Do with This Course of Study?

This program will be run as a cohort.

Songahm Taekwondo Instruction — AAS

Course	Course Title	Counts Toward
Semester 1 (Fall)		
MRKG 1311	Principles of Marketing	ST11
FITT 1371	Local Needs: Topics in Health & Physical Education	ST11
FITT 1164	Practicum or Field Experience Health & Physiology/ Education	ST11
MATH 1324 or MATH 1342	Finite Math or Elementary Statistics	
EDUC 1200	Learning Frameworks	
Semester 2 (Spring)		
BMGT 1325	Office Management	ST11
FITT 1374	Exercise Sciences/ Physiology & Movement Studies	ST11
FITT 1165	Practicum or Field Experience Health & Physiology/Education	ST11
HUMA 1301	Introduction to Humanities	
ENGL 1301 or ENGL 2311	English Composition I or Technical Writing	
Semester 3 (Summer)		
FITT 1280	Cooperative Education: Health and Physical Education, General	ST11
Creative Arts	Suggested: ARTS 1301 or DRAM 1310 Other Options from the Creative Arts Core	
Semester 1 (Fall)		
CDEC 1319	Child Guidance	STIA1
FITT 1375	Local Needs: Exercise Sciences/Physiology and Movement Studies	STIA1
FITT 2164	Practicum or Field Experience Health & Physiology/ Education	STIA1
PSYC 2301	Introduction to Psychology	

KINE 1164	Introduction to Physical Fitness & Wellness	
	Semester 2 (Spring)	
BMGT 1327	Principles of Management	STIA1
CDEC 1359	Children with Special Needs	STIA1
FITT 2165	Practicum or Field Experience Health & Physiology/Education	STIA1
SPCH 1318	Interpersonal Communication	
BIOL 2404	The Human Body	
	Semester 3 (Summer)	
FITT 1281	Cooperative Education – Health and Physical Education, General	STIA1
KINE 1306	First Aid	

Songahm Taekwondo Instruction (Instruction) – STIA1

Course	Course Title	Counts Toward
	Semester 1 (Fall)	
CDEC 1319	Child Guidance	STIA1
FITT 1375	Local Needs: Exercise Sciences/Physiology and Movement Studies	STIA1
FITT 2164	Practicum or Field Experience Health & Physiology/ Education	STIA1
	Semester 2 (Spring)	
BMGT 1327	Principles of Management	STIA1
CDEC 1359	Children with Special Needs	STIA1
FITT 2165	Practicum or Field Experience Health & Physiology/Education	STIA1
	Semester 3 (Summer)	
FITT 1281	Cooperative Education — Health and Physical Education, General	STIA1

Songahm Taekwondo Instruction (Administration) – STI1

Course	Course Title	Counts Toward
	Semester 1 (Fall)	
MRKG 1311	Principles of Marketing	STI1

FITT 1371	Local Needs: Topics in Health & Physical Education	ST11
FITT 1164	Practicum or Field Experience Health & Physiology / Education	ST11
Semester 2 (Spring)		
BMGT 1325	Office Management	ST11
FITT 1374	Exercise Sciences / Physiology & Movement Studies	ST11
FITT 1165	Practicum or Field Experience Health & Physiology / Education	ST11
Semester 3 (Summer)		
FITT 1280	Cooperative Education: Health and Physical Education, General	ST11

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